Harrow's Early Support Children's Centres

Early Support Timetable Pre natal – 9 years 31 October 2022 – 02 January 2023

For services for age 9 - 19 / 25 years go to @Wealdstone.youthhub on Instagram

Harrow Council

Early Support

Early Support groups are drop in unless stated otherwise

Check out the timetable to see what sessions you can drop in to!

You will still need to call & book in to some sessions so please do double check the timetable

Please note numbers are limited to keep us all safe!



Please follow this guide in all of our groups and services.

Note; we have <u>limited space for buggies</u> and for health and safety reasons buggies can not be brought in to groups, <u>where possible please leave your buggies at home.</u> We recommend bringing a buggy lock with you to centres with outdoor buggy bays.

Please arrive only 10mins prior to the group start times. Doors will open at most sites 2 - 5mins prior to the start time for sign in



Mobile phones should be turned to silent or switched off during groups and handheld computers should be switched off. If you would like to take a picture or video of a special moment, ask a member of the team.



You remain responsible for your children at all times.



We provide water in all groups. (Due to allergies, we are unable to agree to families bringing their own food or snacks)



You are responsible for all personal belongings.



There is an expectation that everyone helps to tidy up.



Most importantly PLAY, LEARN and HAVE FUN!

Learn a little bit more about what we do in the centres ...

All Early Support staff have qualifications in Early Years or Youth work, the teams are experienced in working with the Early Years Foundation Stage Curriculum and other relevant curricula. The team have a range of training and specialisms including parenting, social work, health, education & more... The team are here to support you on you parenting journey and have the ethos that you are the first and most influential teacher of your child, we are here to offer some theory and evidence based approaches / tools to help you along. Here are a few of the activities we run & a bit about who leads them and what you can expect

a few of the activities we run α a bit about who leads them and what you can expect					
Group Name	More information				
Parents As First Teachers (PAFT) Baby Groups & all baby groups	Qualified PAFT practitioners provide evidenced based activities focussing on the neuroscience behind your babies development. The team have a clear focus on you as parents being your child's first and most influential teacher. This is an opportunity to explore your attachment, babies development & fun ideas around how to support your baby to learn & grow. The group has a different focus each week and explores arrange of great home learning ideas. It is also a brilliant opportunity to meet life long friends & socialise with other families				
Parents As First Teachers (PAFT) Toddler groups	Qualified PAFT practitioners provide evidenced based activities focussing on the neuroscience behind your child's development. This is a great opportunity to learn fun activities, to get advice around developmental stages & challenges & to meet other families.				
Sensory Play	Children learn through sensory exploration. Sensory play is lead by Early Years trained staff who use the Early Years Foundation Stage Curriculum & parenting evidence base to create fun, developmentally challenging sensory play opportunities that parents can recreate at home or that they may not be able to experience elsewhere.				
Learning Through Play	Early Years trained staff providing developmentally stimulating activities using the Early Years Foundation Stage Curriculum. Not only is it tons of fun but it is a great chance for your child to explore new things, & for you as parents to pick up tips about activities that will support your child to learn, for example games for numbers in play, colours in play, language development & to help build your child's confidence & self esteem				
Imagine & Play	Children thrive on the opportunity to get creative, this groups gives you the chance to support your child's imagination through early year activities. Imagine and play as a theme each week & allows parents an opportunity to support their child to revisit past experiences, explore new experiences & to get creative with their imagination. The Early Years trained staff are available to offer ideas & to answer questions you may have about your child's development				
Stories Come Alive	Help your child to become a life long reader & story teller, get them excited about story telling & books. The Early Years trained staff create lovely environments focussed on the story that are available to explore & providing opportunities to create stories of your own.				

Learn a little bit more about what we do in the centres.... Continued ...

Parenting Programmes – If you feel your family would benefit from one of our more intensive parenting programmes contact 020 89012690 select the option for Harrow Multi- agency Safeguarding Hub (MASH) & request Early Support & the relevant programme

Group Name		More information			
Parents As First Teachers (PAFT) For parents Pre natal – 5 years	"ALL CHILDREN WILL LEARN, GROW & DEVELOP TO REALISE THEIR FULL POTENTIAL." Parents as First Teachers offers a successful research and evidence-based parenting programme. Early Support professionals work on a 1:1 or small group basis with parents and their children pre-birth to five, using the Parents as Teachers Foundation Curriculum				
Strengthening Families, Strengthening Communities For parents of children & young people aged 3 – 18 years (whole family approach)	Strengthening Families, Strengthening Communities (SFSC) is an inclusive evidence-based parenting programme, designed to promote protective factors which are associated with good parenting and better outcomes for children.				
Triple P Teens For parents of 11 – 16 year olds	Teen Triple P is a positive parenting programme which is suitable for parents, step parents, grandparents and carers of pre-teens and teenage children (11-16years). The programme can help parents and carers to: cope positively with some of the common issues associated with raising a teenager.				
Happy Families Whole family approach Age (Birth to 18 years)	 WHAT WILL BE COVERD? Cultural / spiritual identity - Positive discipline Improving relationships Practical parenting tools Communications The course is designed to: improve parenting skills Improve interactions with your children Help your children learn and grow Improve relationship amongst partner &/or co-parent Build your child self-esteem Build Leadership Skills 				
Behaviour Management – Alternatives to Physical Chastisement	An evidenced based workshop with tools & resources to support parents in responding to challenging behaviours. Techniques in preventing escalation of behaviour and advice on how to reduce frustration when responding to unwanted behaviours.				
Co-parenting	Co -parenting sessions are offered to parents/carers who share the care of children, (parents separating/living apart, working opposite work patterns) the quality of the relationship between parents can have a strong influence on a child's emotional wellbeing, the aim of the sessions is to support parents/carers using tools provided to promote positive change to help improve communication, ensuring the child comes first.				

Learn a little bit more about what we do in the centres.... Continued ...

Group Name	More information
TALK & Play	The team are trained by local speech & language therapists to provide Speech, language & communication support, advice & guidance to parents. All groups & services promote language development however TALK & play has a real focus on communication. Staff are available to share ideas to support develop communication skills & to answer questions or concerns around your child's speech & language. The group focusses on a range of evidenced based speech and language strategies
TALK Focus	Targeted at those not in a setting with communication, speech or language delay. Qualified experienced staff offer great activity ideas, evidenced based advice $\&$ can support communication with the speech $\&$ language team, ensuing any necessary referrals are followed up.
Special Playtimes	Qualified staff offer early intervention and support for parents of children pre & post diagnosis. This group offers the opportunity for you to learn tools to support your child's, care, learning & development with experienced staff. Great opportunities to develop communication tools & skills, to learn about behaviour triggers, routines, toileting, great home learning ideas, schemas and much more. The team can support signposting & referrals to services that will support you to meet your child's needs & to access your entitlement – booking only
2 year old checks	Did you know that all 2 year olds are entitled to a health & development check. The Health Visiting Team provide part 1 (ASQ). If your child is in a setting they will carry out part 2 of the check. However if your child is not in a setting (nursery, childminder or school) then this can be carried out by a qualified Early Support team member) Great opportunity to learn ideas around how to support your child's next stage of development & to receive top tips & advice in areas you have questions
Health & Well-being groups	A brilliant group to promote your child's health, an opportunity to learn activities that support building emotional resilience & intelligence, to learn healthy recipes & good games that promote healthy lifestyles & reduce the risks of obesity
Outdoor play	Outdoor learning is essential in the Early Years, the outdoor play groups provide a great opportunity for exploration & learning (especially for those that don't have an outdoor space at home). Activities including, helping to look after our allotments, grow your own, physical play, water play, construction play & much more

Look out for information on other services in the next timetable!

Support, advice and guidance from...



Early Support

Small Steps - Lasting Change



Parenting is tough!

We can all do with a little bit of advice and guidance at times

The Early Support staff are trained in the most up to date evidence based approaches to support you as a parent or carer!

Staff are here to....

listen

to support you to make the best decision for your family to offer advice and support from a friendly professional

to reassure

to support access to any services you may need or want and

to do what ever they can to offer support!

You can get support through any of the virtual sessions however you can also call 020 8736 6222 and ask to be put in contact with a member of the team



These topics

will help with

starting

school





Ask about meal times or feeding

Ask about behaviour

Behaviour Workshop

Chandos Children's Centre,
Delivery Site, Chandos
Crescent, HA8 6HL
Call - 020 8736 6550
(Parents of 3 - 9 year olds)
24 Nov 2022 - PM

Virtual
Call 020 8736 6480 to book
28 Nov 2022 - PM
(focus on parents of 2 - 4 year olds)
Call 020 8736 6480 to book a place

The Pinner Centre, Chapel Lane
Car Park, HA5 1AA
Call 020 8424 1460 to book
(Parents of 3 - 9 year olds)
07 Nov 2022 - PM
&
&
05 Dec 2022 - PM
(focus on alternates to physical chastisement)



Oral Health Workshop

Chandos Children's Centre, Delivery Site, Chandos Crescent, HA8 6HL Call - 020 8736 6550



Virtual
Call - 020 8736 6550
21 Nov 2022 - PM
Call - 020 8736 6550 to book

Early Support Parenting Workshops

We all need advice sometimes....

Appointment only



Healthy Eating & meal times Workshop

Chandos Children's Centre, Delivery Site, Chandos Crescent, HA8 6HL Call - 020 8736 6550 01 Dec 2022 - PM

Toilet Learning Workshop

The Pinner Centre, Chapel Lane Car Park,
Pinner, HA5 1AA
Call - 020 8424 6480
14 Nov 2022 - PM



Book your place by calling 020 8416 8400



Sleep workshop 23 November 2022 Virtual

9.30 -10.30am (0-6 months)

30 November Virtual 9.30 - 10.30 (6 months +)

Book your place by calling 020 8422 4692

Family meal times workshop

6 December 2022 1 - 2pm

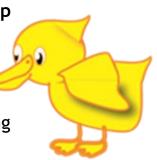
Book your place by calling 020 8422 4692

Toilet Learning workshop

7 December 2022

1 - 2pm Virtual

Book your place by calling 020 8422 4692



Free Baby Feeding Support Groups in Harrow All welcome





Monday 11am - 5pm

Cedars Children's Centre, Whittlesea Road, Harrow Weald, HA3 6LS

Wednesday 10am - 12pm

Virtual Group

Thursday 9am - 3.30pm

Kenmore Park Children's Centre, Warneford Road, Kenton, HA3 9HZ

Book a space to get some support with feeding your baby or have a chat with other mothers.

A Health Visitor and Lactation Consultant will be at each group.

To book a space at any of the groups please email Julie Peris on j.peris@nhs.net

Weaning parties

From 6 months we would suggest you book and come along to a weaning party, to get recipe ideas, get reassurance about suitable foods and practice with some homecooked

finger foods.

me fin

This baby is 6 months, enjoying finger foods from the start

Baby's a little older here you can see the progression in her hand skills



Date & Time	Venue
23 November 2022 21 December 2022 2 – 3 pm	Cedars Children's Centre, Whittlesea road, HA3 6LS

Please ring 020 8736 6222 to book a place for the weaning party



Weaning workshops

From 5 months we would suggest you join an online weaning workshop for top tips and advice on how to introduce solid foods with your baby!

To book a place on the workshop, please message the Facebook inbox www.facebook.com/harrowcc

or email Early Support at earlysupporthub@harrow.gov.uk





Weaning workshops / parenting sessions (for parents of babies from 5 months plus for advice around beginning weaning at 6 months)

Date & Time	Venue
Tuesday o8 November 2022 Tuesday 13 December 2022 10 - 11am	Remote group on Teams

Saturday Weaning workshops and parties

From 5 ½ months we would suggest you book and come along to a weaning workshop for top tips and advice on how to wean your baby!



Saturday weaning party dates					
Date & Time	Venue				
05 November 2022 10 December 2022 10 — 11am	Cedars Children's Centre, Whittlesea Road, HA3 6LS - 020 8736 6222				

Weaning Party

Between 6 – 9 months you can attend weaning parties at the Centre!

This is a great opportunity to get recipe ideas, get reassurance around suitable foods and practice weaning.

Please ring o20 8736 6222 to book a place for the weaning party



	Monday 31 October	Tuesday 1 November	Wednesday 2 November	Thursday 3 November	Friday 4 November
Hillview 2 Grange Road, South Harrow, HA2 0LW 020 8422 4692	10-11.30am Portage group (bookings)	Learn Harrow Family wellness 10-11.30am bookings	9- 9.30am Story time and signing London Transport Museum Drop in	10-11am Learning through play (18 months- 4 years) Drop in	10 - 11am Talk and play (18 months+) Bookings
Healthy living week	1 - 4pm Health Visiting Appointments	Team tidying up sites (Care of centre)	Partner service	1 - 2.30pm Portage Appointments (<i>Bookings</i>)	1-2pm Stories come Alive (0-4 years) Drop in
Kenmore Park Warneford Road, Kenton, HA3 9HZ	10-12am Homestart Home from Home Stay and play (0-4 Years) drop in	9.15 - 11.15am Healthy Child Clinic	10-11am Stories come Alive (birth - 4 years) Drop in	9- 3.30pm Breastfeeding peer support bookings	9.15am - 3.30pm Health clinic Appointments
020 8416 8400		1 - 4pm Health Visiting Appointments		Post Natal Support Group Appointments	
Elmgrove Kenmore Ave, Kenton, HA3 8LU 020 8907 4941			10-11.30 am Learning through play (birth- 4 years) Drop in	10-11.30am Baby stay and play (birth - crawlers) drop in	9.30-11am Lets get physical (birth - 4 years) Drop in
Gange 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	Partner services		10-11am Health and wellbeing (0-4 years) With Oral health advice Drop in	10-11.30am Explore and learn outdoors (birth-4 years) drop in	Partner service
	Partner service			13	Partner service

Venue	Monday 31 Oct 2022	Tuesday 01 Nov 2022	Wednesday 02 Nov 2022	Thursday 03 Nov 2022	Friday 04 Nov 2022
Cedars Whittlesea Road Harrow HA3 6LS	Team Planning Day	10 – 11.30am Let's Get Physical - drop in		10 – 11am TALK & Play -18 months + With Educational Psychologist drop in	10.30 – 11.30am Outdoor Play 'Little Adventurers' Drop in
020 8736 6222	11am – 5pm Breastfeeding Peer Support	1 – 2.30pm Children's Sensory Team Pre School Group – bookings only	Harrow Under 5's CAMHS service — Call for more information / to ask for a call back		Partner agencies
		1 – 2.30pm Sensory Play – drop in		Partner agencies	
Stanmore Park William Drive Stanmore HA7 4FZ		10 – 11.30am Imagine & Play – Small World - drop in	10-11am TALK & Play -18 months + - drop in	Partner agencies	10 – 11am Baby Group Womb to World
020 8736 6480		1 – 2pm Messy Play – drop in	Partner agencies	Parenting Programme	Pre natal – Crawlers Tummy Time Advice – drop in
The Pinner Centre Chapel Lane Car Park Pinner HA5 1AA 020 8424 1460		10 – 11am TALK & Play – drop in 18 months +	10 – 11.30am Learning Through Play - Colours in play - drop in	10 – 11.30am Stories Come Alive – drop in	10 – 11.30am Let's Get Physical – drop in
	Hestia	1.30 – 2.30pm Parents As First Teachers Group Birth – 3 years – drop in	2 – 3.30pm Imagine & Play – Under the Sea'- drop in	1.30 – 2.30pm Parents As First Teachers Baby Group – drop in Birth – Crawlers	Partner agencies
Whitefriars Children's Centre Whitefriars Avenue HA3 5RQ		9.30 – 11.30am Childminders' Group If you are a childminder & are interested in using the space to	10 – 11.30am Health & Well – being Stay & Play – drop in		10 – 11am TALK & Play – 18 months + Drop in
020 8424 1066		extend the provision for children you work with then call the centre or email earlysupporthub@harrow.gvo.uk	1 – 1.30pm NEW – Singing / Story session with London Transport Museum	1.30 – 2.30pm Indoor & Outdoor Play – drop in	
Chandos Chandos Crescent HA8 6HL	Health Visitors	10 – 11am Stories Come Alive – drop in 12 months +	10 – 11am Sensory Baby Group – drop in Crawlers – 18 months	10 – 11.30am Imagine & Play – <i>Old</i> <i>McDonald</i> - drop in	Partner agencies
020 8736 6550		1 – 2pm Fun With Phonics – drop in	Partner agencies		Islamic Cultural Society

	Monday 7 November	Tuesday 8 November	Wednesday 9 November	Thursday 10 November	Friday 11 November
Hillview 2 Grange Road, South Harrow, HA2 0LW 020 8422 4692	10-11.30am Portage group (bookings)	10-11.30am Learn Harrow Family wellness bookings	9-9.30am Story time and signing London Transport Museum Drop in	10-11am Learning through play (18 months- 4 years) Drop in	
Healthy living week	1 - 4pm Health Visiting Appointments	1-2pm Sensory play (0-4 years) Drop in	Partner service	1 - 2.30pm Portage Appointments (<i>Bookings</i>)	1-2pm Stories come Alive (0-4 years) Drop in
Kenmore Park Warneford Road, Kenton, HA3 9HZ	10-12am Homestart Home from Home Stay and play (0-4 Years) drop in	9.15 - 11.15am Healthy Child Clinic	10-11am Stories come Alive (birth - 4 years) Drop in	9- 3.30pm Breastfeeding peer support bookings	9.15am - 3.30pm Health clinic Appointments
020 8416 8400	1.30-2.30pm Baby stay and play (0-18 months)	1 - 4pm Health Visiting Appointments	1.30—2.30pm Talk and play (18 months +) Bookings	Post Natal Support Group Appointments	1.30-2.30pm Baby sensory (Birth - crawlers) Drop in
Elmgrove Kenmore Ave, Kenton, HA3 8LU 020 8907 4941	9.30-11am Baby stay and play (Crawlers-18 months) Drop in	Partner service	10-11.30am Learning through play (birth-4 years) Drop in	10-11.30am Baby stay and play (birth - crawlers) drop in	9.30-11am Lets get physical (birth- 4 years) Drop in
	1-2pm Fun with phonics (2-4 years) Drop in	Partner service	1-2pm Explore and learn outdoors (birth-4 years) Drop in	Partner service	Partner service
Gange 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	Partner services	9.30-11.15am Lets play together (birth - 4 years) Bookings	10-11am Health and wellbeing (0-4 years) (Safety in the home advice) Drop in	10-11.30am Explore and learn outdoors (birth-4 years) drop in	Partner service
	Partner service	1-2.15pm Little cooks (2-4 years) booking	Partner service	Partner ser <u>f</u> v j ce	Partner service

Venue	Monday 07 Nov 2022	Tuesday 08 Nov 2022	Wednesday 09 Nov 2022	Thursday 10 Nov 2022	Friday 11 Nov 2022	
Cedars Whittlesea Road Harrow HA3 6LS	9.30 – 10.30am Find Your Voice We Are Family Music Session Call to register your interest	10 – 11.30am Let's Get Physical - drop in	10 – 11am Parents As First Teachers Baby Group - Birth – Crawlers – drop in	Staff training	10.30 – 11.30am Outdoor Play 'Little Adventurers' Drop in	
020 8736 6222	Afternoon 2, 3 / 4 year old health & development checks – call to book a place for your 2 year old	1 – 2.30pm Children's Sensory Team Pre School Group – bookings only	Harrow Under 5's CAMHS service – Call for more information / to ask for a call back	Partner agencies	Partner agencies	
	11am – 5pm Breastfeeding Peer Support	1 – 2.30pm Sensory Play – drop in Sensory room time	PM - Sensory Room – small group bookings – 2 – 6 months, 6 – 12 months & 1 – 2 years slots	Partner agencies		
Stanmore Park William Drive	10 – 11am Parents As First Teachers Group Birth – 3 years – drop in		10 – 11am TALK & Play -18 months + - drop in	Partner agencies	10 – 11am Baby Group Womb to World	
Stanmore HA7 4FZ 020 8736 6480	1 – 2pm Learning Through Play – Shapes in the world around me– drop in		Partner agencies	Parenting Programme	Pre natal – Crawlers Sensory Play Ideas – drop in	
The Pinner Centre Chapel Lane Car		10 – 11am Virtual Weaning workshop Call 020 8736 6222 to book	10 – 11.30am Learning Through Play <i>- Construction</i> <i>play</i> - drop in	Partner agencies	10 – 11.30am Let's Get Physical – drop in	
Park Pinner HA5 1AA 020 8424 1460	PM – Virtual behaviour workshop alternatives to physical chastisement - call to book	1.30 – 2.30pm Parents As First Teachers Group Birth – 3 years – drop in	1.30 – 2.30pm Imagine & Play – Down in the Jungle - drop in	Partner agencies	Partner agencies	
Whitefriars Children's Centre Whitefriars	10 – 11am Parents As First Teachers Baby Group – drop in - Crawlers – 18 months	9.30 – 11.30am Childminders' Group If you are a childminder & are interested in using the space to	10 – 11.30am Health & Well – being Stay & Play – drop in		10 – 11am TALK & Play – 18 months + Drop in	
Avenue HA3 5RQ 020 8424 1066	1 – 2.30pm Imagine & Play <i>Small world</i> – drop in	extend the provision for children you work with then call the centre or email earlysupporthub@harrow.gvo.uk	1 – 1.30pm NEW – Singing / Story session with London Transport Museum			
Chandos Chandos Crescent HA8 6HL 020 8736 6550	10 – 11am TALK & Play – drop in 18 months +	10 – 11am Stories Come Alive – drop in 12 months +	10 – 11am Sensory Baby Group – drop in Crawlers – 18 months		Partner agencies	
	Afternoon — face to face / Virtual - 1:1 parenting advice session — please book your space	1 – 2pm <i>Fun with Numbers</i> – drop in	Partner agencies		Islamic Cultural Society	

	Monday 14 November	Tuesday 15 November	Wednesday 16 November	Thursday 17 November	Friday 18 November
Hillview 2 Grange Road, South Harrow, HA2 0LW 020 8422 4692	10-11.30am Portage group Bookings	Learn Harrow Family wellness 10-11.30am bookings	9- 9.30am London Transport Museum Story time and signing Drop in	10-11am Learning through play (18 months- 4 years) drop in	10 - 11am Talk and play (18 months+) bookings
	1 - 4pm Health Visiting Appointments	1-2pm Sensory play (birth- 4 years) Drop in	1.30-2.30pm Lets get physical (crawlers - 18 months) Drop in	1 - 2.30pm Portage Appointments (Bookings)	1-2pm Stories come Alive (0-4 years) Drop in
Kenmore Park Warneford Road, Kenton, HA3 9HZ 020 8416 8400	10-12am Homestart Home from Home Stay and play (birth- 4 years) drop in	9.15 - 11.15am Healthy Child Clinic	10-11am Stories come Alive (birth - 4 years) With Oral health advice Drop in	9- 3.30pm Breastfeeding peer support bookings	9.15am - 3.30pm Healthy Clinic Appointments
	1.30-2.30pm Baby stay and play (0-18 months)	1 - 4pm Health clinic Appointments	1.30–2.30pm Talk and play (18 months +) Bookings	Post Natal Support Group By Appointment	1.30-2.30pm Sensory baby (birth crawlers) Drop in
Elmgrove Kenmore Ave, Kenton, HA3 8LU 020 8907 4941	9.30-11am Baby stay and play (Crawlers-18 months) Drop in	Partner service	10-11.30 Learning through play (birth- crawlers)	10-11.30am Baby stay and play (birth - crawlers) drop in	Partner service
	Partner service	Partner service	1-2pm Explore and learn outdoors (birth-4 years) Drop in	Partner service	Partner service
Gange 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	Partner service	9.30-11.15am Lets play together (birth - 4 years) Bookings	10-11am Health and wellbeing (0-4 years) (Safety in the home advice) drop in	10-11.30am Explore and learn outdoors (birth-4 years) drop in	Partner service
	Partner services	1-2.15pm Little cooks (2-4 years) Bookings	partner service	17 Partner service	Partner services

Venue	Monday 14 Nov 2022	Tuesday 15 Nov 2022	Wednesday 16 Nov 2022	Thursday 17 Nov 2022	Friday 18 Nov 2022
Cedars Whittlesea Road Harrow HA3 6LS	9.30 – 10.30am Find Your Voice We Are Family Music Session Call to register your interest		10 – 11am Parents As First Teachers Baby Group - Birth – Crawlers – drop in	10 – 11am TALK & Play -18 months + drop in	10.30 – 11.30am Outdoor Play 'Little Adventurers' Drop in
020 8736 6222	Has your child had a 2, 3 / 4 year old health & development checks – call to book a place for your 2 year old	1 – 2.30pm Children's Sensory Team Pre School Group – bookings only	Harrow Under 5's CAMHS service – Call for more information / to ask for a call back	Partner agencies	Partner agencies
	11am – 5pm Breastfeeding Peer Support	1 – 2.30pm Sensory Play – drop in Sensory room time	PM - Sensory Room – small group bookings – 2 – 6 months, 6 – 12 months & 1 – 2 years slots	Partner agencies	
Stanmore Park William Drive Stanmore HA7 4FZ		10 – 11.30am Imagine & Play – <i>Road Safety</i> <i>Week</i> - drop in	10 – 11am TALK & Play -18 months + - drop in	Partner agencies	10 – 11am Baby Group Womb to World
020 8736 6480	1 – 2pm Learning Through Play – <i>Road</i> <i>Safety Week</i> – drop in	1 – 2pm Messy Play – drop in	Partner agencies	Parenting Programme	Pre natal – Crawlers Road Safety Week – drop in
The Pinner Centre Chapel Lane Car Park Pinner	10-11am Walk & Talk in the Park -18 months $+-$ meet at The Pinner Centre $-$ drop in	10 – 11am TALK & Play – drop in 18 months +	10 – 11.30am Learning Through Play <i>- Road Safety</i> <i>Week</i> - drop in	10 – 11am Stories Come Alive – drop in	10 – 11.30am Let's Get Physical – drop in
HA5 1AA 020 8424 1460	PM – Toilet Learning Parenting Workshop - call to book		1.30 – 2.30pm Imagine & Play – <i>Road Safety Week</i> - drop in	Partner agencies	Partner agencies
Whitefriars Children's Centre Whitefriars Avenue HA3 5RQ	10 – 11am Parents As First Teachers Baby Group – drop in - Crawlers – 18 months	9.30 – 11.30am Childminders' Group If you are a childminder & are interested in using the space	10 – 11.30am Health & Well – being Stay & Play – drop in	Partner agencies	10 – 11am TALK & Play – 18 months + drop in
020 8424 1066	1 – 2.30pm Imagine & Play <i>Road Safety Week</i> – drop in	to extend the provision for children you work with then call the centre or email earlysupporthub@harrow.gvo.uk	1 – 1.30pm NEW – Singing / Story session with London Transport Museum		
Chandos Chandos Crescent HA8 6HL	10 – 11am TALK & Play – drop in 18 months +	10 – 11am Stories Come Alive – drop in 12 months +	10 – 11am Sensory Baby Group – drop in Crawlers – 18 months	10 – 11.30am Imagine & Play – Road Safety Week - drop in	Partner agencies
020 8736 6550	Partner agencies	1 – 2pm Arts & Crafts – Drop in	Partner agencies		
					18

	Monday 21 November	Tuesday 22 November	Wednesday 23 November	Thursday 24 November	Friday 25 November
Hillview 2 Grange Road, South Harrow, HA2 0LW 020 8422 4692	10-11.30am Portage group (Bookings)	Learn Harrow Family wellness 10-11.30am bookings	9- 9.30am London Transport Museum Story time and signing Drop in	10-11am Learning through play (18 months- 4 years) Drop in	10 - 11am Talk and play (18 months+) bookings
	1-4 pm Health Visitor Appointments	1-2pm Sensory play (birth- 4 years) Drop in	1.30-2.30pm Lets get physical (Snack focus) (crawlers - 18 months) Drop in	1 - 2.30pm Portage Appointments (Bookings)	1-2pm Stories come Alive (0-4 years) Drop in
Kenmore Park Warneford Road, Kenton, HA3 9HZ	10-12am Homestart Home from Home Stay and play (0-4 Years) drop in	9.15 - 11.15am Healthy Child Clinic	10-11am Stories come alive (birth- 4 years) drop in	9- 3.30pm Breastfeeding peer support bookings	9.15am - 3.30pm Healthy Child Clinic Appointments
020 8416 8400	1.30-2.30pm Baby stay and play (Birth - crawlers) Drop in	1 - 4pm Health Visiting Appointments	1.30—2.30pm Talk and play (18 months +) Bookings	Post Natal Support Group By Appointment	1.30-2.30pm Sensory baby (birth crawlers) drop in
Elmgrove Kenmore Ave, Kenton, HA3 8LU 020 8907 4941	Co parenting workshop booking	Partner service	10-11.30am Learning through play (birth-4 years) drop in	10-11.30am Baby stay and play (birth - crawlers) drop in	9.30-11am Lets get physical (0-4 years) Drop in
	Partner service	Partner service	1-2pm Explore and learn outdoors (birth-4 years) Drop in		
Gange 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	Partner services	9.30-11.15am Lets play together (birth - 4 years) Bookings	10-11am Health and wellbeing Physical health advice (birth- 4 years) drop in	10-11.30am Explore and learn outdoors (birth-4 years) drop in	
220 012. 0101	Partner services	1-2.15pm Little cooks (2-4 years) Bookings	1-2pm Story time Harrow library service (birth – 4 years) Drop in	19	•

Venue	Monday 21 Nov 2022	Tuesday 22 Nov 2022	Wednesday 23 Nov 2022	Thursday 24 Nov 2022	Friday 25 Nov 2022
Cedars Whittlesea Road Harrow HA3 6LS	9.30 – 10.30am Find Your Voice We Are Family Music Session Call to register your interest	10 – 11.30am Let's Get Physical – drop in	10 – 11am Parents As First Teachers Baby Group - Birth – Crawlers – drop in	10 – 11am TALK & Play -18 months + drop in	10.30 – 11.30am Outdoor Play 'Little Adventurers' Drop in
020 8736 6222	Afternoon 2, 3 / 4 year old health & development checks – call to book a place for your 2 year old	1 – 2.30pm Children's Sensory Team Pre School Group – bookings only	Harrow Under 5's CAMHS service – Call for more information / to ask for a call back PM – Weaning Party	1 .30 – 2.30pm Learning Through Play – Phonics - drop in	Partner agencies
	11am – 5pm Breastfeeding Peer Support	1 – 2.30pm Sensory Play – drop in Sensory room time	PM - Sensory Room – small group bookings – 2 – 6 months, 6 – 12 months & 1 – 2 years slots	Partner agencies	
Stanmore Park William Drive Stanmore HA7 4FZ	10 – 11am Parents As First Teachers Group Birth – 3 years – drop in	10 – 11.30am Imagine & Play – <i>Dinosaurs</i> - drop in	10 – 11am TALK & Play -18 months + - drop in	Partner agencies	10 – 11am Baby Group Womb to World
	1 – 2pm Learning Through Play – Outdoor Learning – drop in	1 – 2pm Messy Play – drop in	Partner agencies	Parenting Programme	Pre natal — Crawlers Sleep focus — drop in
The Pinner Centre Chapel Lane Car		10 – 11am TALK & Play – drop in 18 months +	10 – 11.30am Learning Through Play <i>- Small</i> <i>World</i> – drop in	10 – 11am Stories Come Alive – drop in	10 – 11.30am Let's Get Physical – drop in
Park Pinner HA5 1AA 020 8424 1460	Partner agencies	1.30 – 2.30pm Parents As First Teachers Group Birth – 3 years – drop in	1.30 – 2.30pm Imagine & Play – <i>Making Dens -</i> drop in	1.30 – 2.30pm Parents As First Teachers Baby Group – drop in Birth – Crawlers	Partner agencies
Whitefriars Children's Centre Whitefriars Avenue HA3 5RQ	10 – 11am Parents As First Teachers Baby Group – drop in - Crawlers – 18 months	9.30 – 11.30am Childminders' Group If you are a childminder & are interested in using the space to	10 – 11.30am Health & Well – being Stay & Play – drop in		10 – 11am TALK & Play – 18 months + Drop in
	1 – 2.30pm Imagine & Play Farm Yard Fun – drop in	extend the provision for children you work with then call the centre or email earlysupporthub@harrow.gvo.uk	1 – 1.30pm NEW – Singing / Story session with London Transport Museum	1.30 – 2.30pm Indoor & Outdoor Play – drop in	
Chandos Chandos Crescent HA8 6HL	10 – 11am TALK & Play – drop in 18 months +	10 – 11am Stories Come Alive – drop in 12 months +	10 – 11am Sensory Baby Group – drop in Crawlers – 18 months	10 – 11.30am Imagine & Play – Down in the Jungle - drop in	Partner agencies
020 8736 6550	1.30 – 2.30pm Virtual Sleep parenting workshop - Call to book	1 – 2pm Walk & Talk to the park – meet at Chandos	Partner agencies	1.30 – 2.30pm Behaviour workshop for parents of 3 – 9 year olds	20

	Monday 28 November	Tuesday 29 November	Wednesday 30 November	Thursday 1 December	Friday 2 December
Hillview 2 Grange Road, South Harrow, HA2 0LW 020 8422 4692	10-11.30am Portage group (Bookings)	Learn Harrow Being parents 10-11.30am bookings		10-11am Learning through play (18 months- 4 years) Drop in	10 - 11am Talk and play (18 months+) (bookings)
	1-4 pm Health Visitor Appointments	1-2pm Sensory play (birth- 4 years) Drop in	Partner service	1 - 2.30pm Portage Appointments (Bookings)	1-2pm Stories come Alive (0-4 years) Drop in
Kenmore Park Warneford Road, Kenton, HA3 9HZ	10-12am Homestart Home from Home Stay and play (0-4 Years) drop in	9.15 - 11.15am Healthy Child Clinic	10-11am Stories come alive (birth- 4 years) Drop in	9- 3.30pm Breastfeeding peer support (bookings)	9.15am - 3.30pm Healthy Child Clinic
020 8416 8400	1.30-2.30pm Baby stay and play (0-18 months) Drop in DN	1 - 4pm Health Visiting Appointments	Team meeting	Post Natal Support Group By Appointment	1.30-2.30pm Sensory baby (birth crawlers) drop in
Elmgrove Kenmore Ave, Kenton, HA3 8LU 020 8907 4941		Partner service	10-11.30am Learning through play (birth-4 years) drop in	10-11.30am Baby stay and play (birth - crawlers) drop in	9.30-11am Lets get physical (0-4 years) Drop in
		Partner service			
Gange 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	Partner service	9.30-11.15am Lets play together (birth - 4 years) Bookings	10-11am Health and wellbeing (With healthy snack advice) (birth- 4 years) drop in	10-11.30am Explore and learn outdoors (birth-4 years) drop in	Partner service
	Partner service	1-2.15pm Little cooks (2-4 years) Bookings		21	Partner service

Venue	Monday 28 Nov 2022	Tuesday 29 Nov 2022	Wednesday 30 Nov 2022	Thursday 01 Dec 2022	Friday 02 Dec 2022
Cedars Whittlesea Road Harrow HA3 6LS	9.30 – 10.30am Find Your Voice We Are Family Music Session Call to register your interest	10 – 11.30am Let's Get Physical drop in	10 – 11am Parents As First Teachers Baby Group - Birth – Crawlers – drop in	10 – 11am TALK & Play -18 months + With educational psychologist drop in	10.30 – 11.30am Outdoor Play 'Little Adventurers' Drop in
020 8736 6222	Afternoon 2, 3 / 4 year old health & development checks – call to book a place for your 2 year old	1 – 2.30pm Children's Sensory Team Pre School Group – bookings only	Harrow Under 5's CAMHS service – Call for more information / to ask for a call back	1 .30 – 2.30pm Learning Through Play – <i>Big Cook, Little Cook</i> - drop in	Partner agencies
	11am – 5pm Breastfeeding Peer Support	1 – 2.30pm Sensory Play – drop in Sensory room time	PM - Sensory Room – small group bookings – 2 – 6 months, 6 – 12 months & 1 – 2 years slots	Partner agencies	
Stanmore Park William Drive Stanmore HA7 4FZ	10-11am Parents As First Teachers Group Birth -3 years $-$ drop in	10-11.30am Imagine & Play – Healthy Living - drop in	10-11am TALK & Play -18 months + - drop in	Partner agencies	10 – 11am Baby Group <i>Womb to World</i>
020 8736 6480	1 – 2pm Learning Through Play – Healthy Living – drop in	1 – 2pm Messy Play – drop in	Partner agencies	Parenting Programme	Pre natal – Crawlers With Oral Health advice – drop in
The Pinner Centre Chapel Lane Car	PM – Virtual Behaviour workshop for parents of 2 – 4 year olds - call to book	10 – 11am TALK & Play – drop in 18 months +	10 – 11.30am Learning Through Play - Health & well- being — drop in	10 – 11am Stories Come Alive – drop in	10 – 11.30am Let's Get Physical – drop in
Park Pinner HA5 1AA 020 8424 1460		1.30 – 2.30pm Parents As First Teachers Group Birth – 3 years – drop in	1.30 – 2.30pm Imagine & Play – Snack Attack Make & eat healthy snacks - drop in	1.30 – 2.30pm Parents As First Teachers Baby Group – drop in Birth – Crawlers	Partner agencies
Whitefriars Children's Centre Whitefriars Avenue HA3 5RQ	10 – 11am Parents As First Teachers Baby Group – drop in - Crawlers – 18 months	9.30 – 11.30am Childminders' Group	10 – 11.30am Health & Well – being Stay & Play – drop in		10 – 11am TALK & Play – 18 months + Drop in
020 8424 1066	1 – 2.30pm Imagine & Play Healthy Living & oral health advice – drop in	1.30 – 2.30pm Learning Through Play – <i>Big</i> <i>Cook, Little Cook</i> - drop in <i>Prepare & eat a cold snack</i>		1.30 – 2.30pm Indoor & Outdoor Play – drop in	
Chandos Chandos Crescent HA8 6HL	10 – 11am TALK & Play – drop in 18 months +	10 – 11am Stories Come Alive – drop in 12 months +		10 – 11.30am Imagine & Play – Healthy Living - drop in	Partner agencies
020 8736 6550	Partner agencies	1 – 2pm Snack Attack – drop in Make & eat healthy snacks	Partner agencies	1.30 – 2.30pm Healthy Eating Workshop Call to book your place	22
					22

	Monday 5 December	Tuesday 6 December	Wednesday 7 December	Thursday 8 December	Friday 9 December
Hillview 2 Grange Road, South Harrow, HA2 0LW 020 8422 4692	10-11.30am Portage group (Bookings)	Learn Harrow Being parents 10-11.30am bookings		10-11am Learning through play (18 months- 4 years) Drop in	10 - 11am Talk and play (18 months+) bookings
	1-4 pm Health Visitor Appointments	1-2pm Sensory play (birth- 4 years) Drop in	1-2pm Virtual toilet learning work shop bookings	1 - 2.30pm Portage Appointments (Bookings)	1-2pm Stories come Alive (0-4 years) Drop in
Kenmore Park Warneford Road, Kenton, HA3 9HZ	10-12am Homestart Home from Home Stay and play Drop in (0-4 Years)	9.15 - 11.15am Healthy Child Clinic	10-11am Stories come alive (birth- 4 years) Drop in	9- 3.30pm Breastfeeding peer support (bookings)	9.15am - 3.30pm Healthy Child Clinic
020 8416 8400	1.30-2.30pm Baby stay and play (0-18 months) Drop in	1 - 4pm Health Visiting Appointments	1.30—2.30pm Talk and play (18 months +) Bookings (with oral health advice)	Post Natal Support Group By Appointment	1.30-2.30pm Sensory play (birth- 4 years) Drop in
Elmgrove Kenmore Ave, Kenton, HA3 8LU 020 8907 4941	10.30 -12.30 Co parenting (bookings)	Partner service	10-11am Learning through play (birth-4 years) drop in	10-11.30am Baby stay and play (birth - crawlers) drop in	9.30-11am Lets get physical (0-4 years) Drop in
		Partner service	1-2pm Explore and learn outdoors (birth-4 years) Drop in	Partner services	Partner service
Gange 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	Partner service	10-11am Family meal time work shop bookings	10-11am Health and wellbeing (Developing self help skills) (birth- 4 years) drop in	10-11.30am Explore and learn outdoors (birth-4 years) Drop in	Partner service
	Partner service	1-2.15pm Little cooks (2-4 years) Bookings		23	Partner service

Venue	Monday 05 Dec 2022	Tuesday 06 Dec 2022	Wednesday 07 Dec 2022	Thursday 08 Dec 2022	Friday 09 Dec 2022
Cedars Whittlesea Road Harrow HA3 6LS	9.30 – 10.30am Find Your Voice We Are Family Music Session Call to register your interest	10 – 11.30am Let's Get Physical drop in	10 – 11am Parents As First Teachers Baby Group - Birth – Crawlers – drop in	10 – 11am TALK & Play -18 months + drop in	Team Training Day
020 8736 6222	Has your child had a 2, 3 / 4 year old health & development checks – call to book a place for your 2 year old	1 – 2.30pm Children's Sensory Team Pre School Group – bookings only	Harrow Under 5's CAMHS service – Call for more information / to ask for a call back	1 .30 – 2.30pm Learning Through Play – <i>Phonics</i> - drop in	Partner agencies
	11am – 5pm Breastfeeding Peer Support	1 – 2.30pm Sensory Play – drop in Sensory room time	PM - Sensory Room – small group bookings – 2 – 6 months, 6 – 12 months & 1 – 2 years slots	Partner agencies	
Stanmore Park William Drive Stanmore HA7 4FZ	10 – 11am Parents As First Teachers Group Birth – 3 years – drop in	10 – 11.30am Imagine & Play – Transport - drop in	10-11am TALK & Play -18 months + - drop in	Partner agencies	
020 8736 6480		1 – 2pm Messy Play – drop in	Partner agencies	Parenting Programme	
The Pinner Centre Chapel Lane Car Park Pinner HA5 1AA 020 8424 1460	PM – Behaviour Workshop – Alternatives to physical chastisement -	10 – 11am TALK & Play – drop in 18 months +	10 – 11.30am Learning Through Play - Fun with science - drop in	10 – 11am Stories Come Alive – drop in	
	call to book	1.30 – 2.30pm Parents As First Teachers Group Birth – 3 years – drop in	1.30 – 2.30pm Imagine & Play – Dinosaurs - drop in	1.30 – 2.30pm Parents As First Teachers Baby Group – drop in Birth – Crawlers	Partner agencies
Whitefriars Children's Centre Whitefriars Avenue HA3 5RQ	10 – 11am Parents As First Teachers Baby Group – drop in - Crawlers – 18 months	9.30 – 11.30am Childminders' Group	10 – 11.30am Health & Well – being Stay & Play – With Oral Health Promoter - drop in		
020 8424 1066	1 – 2.30pm Imagine & Play <i>Winter Fun</i> – drop in	1.30 – 2.30pm Learning Through Play – <i>My</i> colourful world - drop in		1.30 – 2.30pm Indoor & Outdoor Play – drop in	
Chandos Chandos Crescent HA8 6HL 020 8736 6550	10 – 11am TALK & Play – drop in 18 months +	10 – 11am Stories Come Alive – drop in 12 months +	10 – 11am Sensory Baby Group – drop in Crawlers – 18 months	10 – 11.30am Imagine & Play – Under the sea - drop in	Partner agencies
	Afternoon — face to face / Virtual - 1:1 parenting advice session — please book your space	1 – 2pm Making Music – drop in	Partner agencies		24

	Monday 12 December	Tuesday 13 December	Wednesday 14 December	Thursday 15 December	Friday 16 December
Hillview 2 Grange Road, South Harrow, HA2 0LW 020 8422 4692	10-11.30am Portage group (Bookings)	10-11.30am Learn Harrow Being parents bookings		10-11am Learning through play (18 months- 4 years) Drop in	
	1-4 pm Health Visitor Appointments	Partner services	1.30-2.30pm Lets get physical (crawlers - 18 months) Drop in	1 - 2.30pm Portage Appointments Bookings	1-2pm Stories come Alive (0-4 years) Drop in
Kenmore Park Warneford Road, Kenton, HA3 9HZ	10-12am Homestart Home from Home Stay and play (0-4 Years) drop in	9.15 - 11.15am Healthy Child Clinic	10-11am Stories come alive (birth- 4 years) Drop in	9- 3.30pm Breastfeeding peer support bookings	9.15am - 3.30pm Healthy Child Clinic
020 8416 8400	1.30-2.30pm Baby stay and play (0-18 months) Drop in	1 - 4pm Health Visiting Appointments	2-3.30pm Perinatal wellbeing workshop Drop in	Post Natal Support Group By Appointment	1.30-2.30pm Sensory play (birth- 4 years) Drop in
Elmgrove Kenmore Ave, Kenton, HA3 8LU 020 8907 4941	10-11am Baby stay and play (Crawlers-18 months) Drop in	Partner service	10-11.30am Learning through play (birth-4 years) drop in	10-11.30am Baby stay and play (birth - crawlers) drop in	9.30-11am Lets get physical (0-4 years) Drop in
		Partner service	1-2pm Explore and learn outdoors (birth-4 years) Drop in		
Gange 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	Partner service	Partner serice	10-11am Health and wellbeing With oral health advice (birth- 4 years) drop in	10-11am Explore and learn outdoors (birth-4 years) Drop in	
	Partner service	1-2.15pm Little cooks (2-4 years) Bookings		25	Partner service

Venue	Monday 12 Dec 2022	Tuesday 13 Dec 2022	Wednesday 14 Dec 2022	Thursday 15 Dec 2022	Friday 16 Dec 2022
Cedars Whittlesea Road Harrow	Find Your Voice We Are Family Music Session Call to register your interest	10 – 11.30am Let's Get Physical drop in			Staff development day
HA3 6LS 020 8736 6222	Afternoon 2, 3 / 4 year old health & development checks – call to book a place for your 2 year old	1 – 2.30pm Children's Sensory Team Pre School Group – bookings only	Harrow Under 5's CAMHS service — Call for more information / to ask for a call back	Partner agencies	Partner agencies
	11am – 5pm Breastfeeding Peer Support	1 – 2.30pm Sensory Play – drop in Sensory room time		Partner agencies	
Stanmore Park William Drive Stanmore HA7 4FZ	10-11am Parents As First Teachers Group Birth -3 years $-$ drop in	10 – 11.30am Imagine & Play – Winter Wonderland - drop in	10 – 11am TALK & Play -18 months + - drop in With Educational Phsycologist	Partner agencies	
020 8736 6480	1 – 2pm Learning Through Play – Phonics – drop in	1 – 2pm Messy Play – drop in	Partner agencies	Parenting Programme	
The Pinner Centre Chapel Lane Car	Partner agencies	10 – 11am TALK & Play – drop in 18 months +	10 – 11.30am Learning Through Play - Winter - drop in	Partner agencies	
Park Pinner HA5 1AA 020 8424 1460		1.30 – 2.30pm Parents As First Teachers Group Birth – 3 years – drop in	1.30 – 2.30pm Imagine & Play – Elf on the Shelf - drop in	Partner agencies	Partner agencies
Whitefriars Children's Centre Whitefriars Avenue HA3 5RQ	10 – 11am Parents As First Teachers Baby Group – drop in - Crawlers – 18 months	9.30 – 11.30am Childminders' Group	10 – 11.30am Health & Well – being Stay & Play – drop in		
020 8424 1066	1-2.30pm Imagine & Play Elf on the shelf – drop in	1.30 – 2.30pm Learning Through Play – Fun with science - drop in			
Chandos Chandos Crescent HA8 6HL	10 – 11am TALK & Play – drop in 18 months +	10 – 11am Stories Come Alive – drop in 12 months +	Partner agencies		Partner agencies
020 8736 6550	Partner agencies	1 – 2pm Learning Through Play – drop in	Partner agencies		26
					20

Cedars Whitesea Road Ware Family Music Session Call to register your interest 12-30pm Partner agencies Partner ag	Venue	Monday 19 Dec 2022	Tuesday 20 Dec 2022	Wednesday 21 Dec 2022	Thursday 22 Dec 2022	Friday 23 Dec 2022
Description Partner agencies Partner agencies Partner agencies	Whittlesea Road Harrow	We Are Family Music Session	Festive Stories Come Alive –	Parents As First Teachers Baby Group -	Partner agencies	
Stanmore Park William Drive Stanmore HA7 4F2 O20 8736 6480 The Pinner Centre Chapel Lane Car Park Pinner HA5 1AA O20 8424 1460 Whitefriars Children's Centre Whitefriars Avenue HA3 5RQ O20 8424 1066 Chandos Chandos Chandos Chandos Chandos Call to book Chandos Chandos Chandos Chandos Chandos Call to book Imagine & Play - Winter in Sensory Play - drop in Inagine & Play - drop in Inagine & Play - drop in Partner agencies			Festive Snack Attack – Call to book your place	Call for more information / to ask for a		Partner agencies
William Drive Stammore HA7 4FZ 020 8736 6480 The Pinner Centre Chapel Lane Car Park Pinner HA5 1AA 020 8424 1460 Whitefriars Children's Centre Whitefriars Avenue HA3 5RQ 020 8424 1066 Chandos Chandos Chandos Chandos Crescent HA8 6HL 020 8736 6550 Partner agencies Sensory Play—drop in Partner agencies		Imagine & Play – Winter			Partner agencies	
The Pinner Centre Chapel Lane Car Park Pinner HA5 1AA 020 8424 1460 Whitefriars Children's Centre Whitefriars Avenue HA3 5RQ 020 8424 1066 Chandos C	William Drive				Partner agencies	Partner agencies
Centre Chapel Lane Car Park Pinner HAS 1AA 020 8424 1460 Whitefriars Children's Centre Whitefriars Avenue HA3 5RQ 020 8424 1066 Chandos Chandos Crescent HA8 6HL 020 8736 6550 Partner agencies 130 – 3pm Imagine & Play – Christmas Time – drop in 9.30 – 11.30am Childminders' Group Childminders' Group Group – drop in – Crawlers – 18 months 10 – 11am Partner agencies	020 8736 6480	•		Partner agencies		
HAS 1AA 020 8424 1460 Whitefriars Children's Centre Whitefriars Avenue HA3 5RQ 020 8424 1066 The partner agencies 10 – 11am Partner agencies	Centre				Partner agencies	
Children's Centre Whitefriars Avenue HA3 5RQ 020 8424 1066 Chandos Chandos Chandos Crescent HA8 6HL 020 8736 6550 Parents As First Teachers Baby Group – drop in - Crawlers – 18 months Childminders' Group Partner agencies Partner agencies Partner agencies Partner agencies	Park Pinner HA5 1AA		Imagine & Play – Christmas		Partner agencies	Partner agencies
Festive Snack Attack Prepare & make cold snacks Call to book Chandos Chandos Crescent HA8 6HL 020 8736 6550 Partner agencies Partner agencies Partner agencies Partner agencies	Children's Centre Whitefriars Avenue	Parents As First Teachers Baby Group – drop in - Crawlers – 18			Partner agencies	Partner agencies
Chandos Crescent HA8 6HL 020 8736 6550 Busy Feet Stay & Play – drop in Making Music – drop in Making Music – drop in Partner agencies	020 8424 1066	Festive Snack Attack Prepare & make cold snacks			Partner agencies	
1 - 2.30piii Faither agencies	Chandos Crescent					Partner agencies
28	020 8736 6550		1 – 2.30pm Christmas Crafts – drop in	Partner agencies		78

1:1 Appointment only advice sessions available

Do you need some support, advice and guidance?

We can offer some top tips for:

Challenging behaviour
Toilet learning
Routines
Weaning
Sleep routines
Sibling rivalry
Home schooling

And many more

FREE SUPPORT ADVICE & GUIDENCE

Appointments will be done either by Zoom video or a telephone call

When? 20 minute time slots available every

Monday: 1 – 3pm Wednesday: 9.30 – 11.30am Thursday: 9.30 – 11.30am

How to book a time slot?

Send an inbox Facebook message with your full name, contact number and e-mail address, a practitioner will be in touch to book you in.





Being Parents





New 4 week course on Tuesdays 10 – 11.30am, starting 29 November, 6, 13, and 20 December 2022 Hillview Children's Centre, 2 Grange Road, South Harrow, HA2 0LW

Come and join our wonderful workshops exploring how to create a family home that works for everyone.

For parents with babies and toddlers

Week 1 : The world through our children's eyes
Week 2: Relationships with yourself and others. Balancing everyone's needs

Week 3: Child development and how we can support it.

Week 4: Learning through play. Terrific 2s. How to embrace the challenges of toddlerhood.



Book by contacting the centre on 020 8422 4692



Family Wellness

With Catherine, Well mother therapist and birth and parenting educator

New 4 week course, Tuesdays 10 – 11.30am, starting on 1, 8, 15 and 22 November 2022

At Hillview Children's Centre, 2 Grange Road, South Harrow, HA2 OLW





Join me to enjoy a wonderful Family Centred Session. Gentle stretch, breathe and relax for the parents, chance to chat about parenting topics, and finishing with a lovely baby massage.

Babies from 6 weeks to 1 year. Prepare with a towel, changing mat, oil/cream and some warm clothes.



Supporting baby's healthy brain development with "5 to Thrive"

Respond Cuddle Relax Play Talk

Book by contacting the centre on 020 8422 4692

Quotes from parents who previously attended:

"I now recognise what I'm going through is common"

"learning about body image and the connection to our baby was really eye opening"

"It feels like a safe space to express how I feel"





Calling out to parents of 2 year olds.....

Did you know that your child is entitled to a health & development check?

We are offering parents of two year olds a two year health and development progress check which would be completed remotely & face to face;

A practitioner would contact you on an agreed appointment date/time and complete progress check. You would be emailed completed progress check and offered support, advice and guidance where necessary.

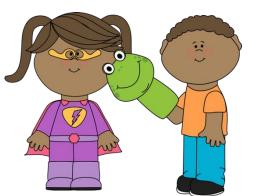
The Two year health and development progress check is a great opportunity to;

Learn about your child's development, including communication & physical development.

To get top tips on toilet learning, behaviour, sleep, saying bye bye to the dummy & bottle.

To ask questions and address any concerns that you have.

To support access to any other professionals that you would like support from.



How to book a two year Check?

Cedars – call - 020 8736 6222 – (Across the week)
Whitefriars - call – 020 8424 1066 – (Wednesday pm)
DATES AVAILABLE ON CONTACT WITH THE

CENTRE





Sibling relationships

Support and advice around sibling rivalry

Routines

Boundaries & consistency

Parenting tips

Ideas on special play times

Being a parent of siblings can be tough, balancing your time, supporting their well-being, meeting their needs that often differ & questioning yourself about whether you are doing enough ... not to mention any challenges around sibling relationships! If you would like to talk things through or get some ideas give us a call & book on to our top tips session or our sibling relationships workshop

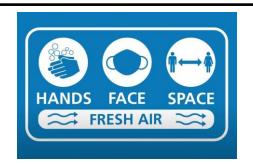


Look out for dates next half term

Centres in the Cedars Hub	Address and contact details	Centres in the Hillview Hub	Address and contact details
Cedars Hub Children's Centre	Whittlesea Road, Harrow, HA3 6LS. 020 8736 6222 8am – 6pm	Hillview Hub Children's Centre	2 Grange Road, South Harrow, HA2 OLW. 020 8422 4692
The Pinner Centre	Chapel Lane Car Park, Pinner HA5 1AA 020 8424 1460	Kenmore Park Delivery Site	Warneford Road, Kenton, HA3 9HZ. 020 8416 8400
Whitefriars Delivery Site	Whitefriars Avenue, Harrow, HA3 5RQ. 020 8424 1066	Gange Delivery Site	68 Canning Road, Wealdstone, HA3 7SN. 020 8427 0134
Chandos Delivery Site	Chandos Crescent, Edgware, HA8 6HL. 020 8736 6550	Elmgrove Delivery Site	Kenmore Avenue, Kenton, HA3 8LU. 020 8907 4941
Stanmore Park Delivery Site	William Drive, Stanmore, HA7 4FZ. 020 8736 6480	Wealdstone Youth Hub The Wealdstone Youth Centre, 38 – 42 High Street, Wealdstone, HA3 7AE 020 8416 8667	

Please remember, all our timetables can be found in the photo sections on Facebook:

www.facebook.com/harrowcc



Safeguarding is EVERYONE'S RESPONSIBILITY

If you are concerned about a child call 020 8901 2690 on weekends or after 5pm call 020 8424 0999

Domestic Abuse Support and Advice

If you are feeling unsafe or are experiencing domestic violence you can seek support by calling the Golden Number 020 8901 2690 or the DA helpline on 020 8907 8148 24 hrs 0808 2000 247 Stay safe!

UNICEF - Article 31 – *You have the right to play & rest*