

Parents and Carers,

As a part of your child's education at **Elmgrove Primary School and Nursery**, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, during the summer term, your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme. Teachers will continue to follow the schemes of work from The Christopher Winter Project: Teaching RSE with Confidence in Primary Schools.

Lessons in **Reception** will include pupils learning about: recognising the importance of friendship; recognising the importance of saying sorry and forgiveness; recognising that all families are different.

Lessons in **year 1** will include pupils learning about: respecting differences and understanding that we can still be friends; discuss how children grow and change; explore different types of families and who to ask for help; identify who can help when families make us feel unhappy or unsafe.

Lessons in **year 2** will include pupils learning about: the concept of gender stereotypes; identifying the differences between males and females and understanding how this is part of the life cycle; describing the physical differences between boys and girls and name the different body parts.

Lessons in **year 3** will include pupils learning about: identifying that people are unique and to respect those differences; exploring the differences between male and female bodies; considering appropriate and inappropriate physical contact and consent; exploring different types of families and who to go to for help and support.

Lessons in **year 4** will include pupils learning about: exploring the human life cycle; identifying some basic facts about puberty and how it is linked to reproduction exploring respect in a range of relationships; discussing the characteristics of healthy relationships.

Lessons in **year 5** will include pupils learning about: growing and changing, including the emotional and physical changes occurring in puberty; growing and changing, including understanding the male and female puberty changes; growing and changing, including the impact of puberty on the body and the importance of physical hygiene; exploring ways to get support during puberty.

Lessons in **year 6** will include pupils learning about: growing and changing, including puberty; healthy relationships, including the importance of communication and respect; different ways people might start a family, including the decisions that might need to be made before having children and some basic facts about conception and pregnancy. Pupils will also have opportunities to ask questions.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website:

<https://www.elmgrove.harrow.sch.uk/page/?title=PSHE&pid=41> for more detail about our PSHE curriculum. All PSHE teaching takes place in a safe learning environment and is underpinned by our school ethos and values.

We would like to invite you to attend a parent information meeting for **year x** in **your child's class** on **x at 3:30pm** to find out more about what your child will learn, view the materials and resources being used in lessons and discover how you can best support your child to discuss these topics at home. The meeting will be posted on your child's year group team. Please collect your child as normal and wait to be escorted to the classroom.

As a school community, we are committed to working in partnership with parents; recent parental feedback has indicated that the overwhelming majority of parents continue to be highly supportive of the relationships and sex education programme. If you would like to find out more or discuss any concerns, we would urge you to attend the information meeting and look forward to seeing you there.

Yours sincerely,

Mr Pound

PSHE Subject Leader

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