

Friday 18<sup>th</sup> March 2022

Parents and Carers,

As a part of your child's education at **Elmgrove Primary School and Nursery**, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

In the Early Years Foundation Stage curriculum, PSHE is divided into 3 sections: self-confidence and self-awareness, making relationships and managing feeling and behaviour. In Reception, a great deal of time is spent focusing on children's personal, social and emotional development. We hope that by the end of Reception children are able to regulate their feelings, speak confidently about their wants and needs, and can adapt their behaviour when necessary.

I am writing to let you know that, in the summer term, your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme. Teachers will continue to follow the schemes of work from The Christopher Winter Project: Teaching RSE with Confidence in Primary Schools.

Lessons in **Reception** will include pupils learning about: *recognising the importance of friendship; recognising the importance of saying sorry and forgiveness; recognising that all families are different.*

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website:

<https://www.elmgrove.harrow.sch.uk/page/?title=PSHE&pid=41> for more detail about our PSHE curriculum. All PSHE teaching takes place in a safe learning environment and is underpinned by our school ethos and values.

We would like to invite you to attend a parent information meeting for **reception** via 'Zoom' on **Thursday 31<sup>st</sup> March 2022 at 9:30am or 4:30pm** to find out more about what your child will learn, view the materials and resources being used in lessons and discover how you can best support your child to discuss these topics at home. The meeting details are below:

Mrs Sylvester is inviting you to a scheduled Zoom meeting.

Topic: Reception RSE Meeting

Time: **Mar 31, 2022 09:30 AM** London

Join Zoom Meeting

<https://us06web.zoom.us/j/83460084708?pwd=elIncUVGVjFzZzBtTIRzCHJvVEQ3Zz09>

Meeting ID: 834 6008 4708

Passcode: bwqD29

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Mrs Sylvester is inviting you to a scheduled Zoom meeting.

Topic: Reception RSE Meeting

Time: **Mar 31, 2022 04:30 PM** London

Join Zoom Meeting

<https://us06web.zoom.us/j/89246488060?pwd=cDVWakFISmgvVU8rdFdTMUxpUzloQT09>

Meeting ID: 892 4648 8060

Passcode: f4BCzk

As a school community, we are committed to working in partnership with parents; recent parental feedback has indicated that the overwhelming majority of parents continue to be highly supportive of the relationships and sex education programme. If you would like to find out more or discuss any concerns, we would urge you to attend the information meeting and look forward to seeing you there.

Yours sincerely,

*Miss Stanley*

PSHE Subject Leader

*Miss Kara*

Reception Year Leader

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Lessons in **year 1** will include pupils learning about: *respecting differences and understanding that we can still be friends; discuss how children grow and change; explore different types of families and who to ask for help; identify who can help when families make us feel unhappy or unsafe.*

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We would like to invite you to attend a parent information meeting for **year 1** via 'Microsoft Teams' on **Thursday 24<sup>th</sup> March 2022 at 9:30am or 4:30pm** to find out more about what your child will learn, view the materials and resources being used in lessons and discover how you can best support your child to discuss these topics at home. Please note, you **do not** need to attend both sessions. The meeting will be posted on your child's year group team.

As a school community, we are committed to working in partnership with parents; recent parental feedback has indicated that the overwhelming majority of parents continue to be highly supportive of the relationships and sex education programme. If you would like to find out more or discuss any concerns, we would urge you to attend the information meeting and look forward to seeing you there.

Yours sincerely,

*Miss Stanley*

PSHE Subject Leader

*Miss Morris*

Year 1 Leader



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Lessons in **year 3** will include pupils learning about: identifying that people are unique and to respect those differences; exploring the differences between male and female bodies; considering appropriate and inappropriate physical contact and consent; exploring different types of families and who to go to for help and support.

Lessons in **year 4** will include pupils learning about: exploring the human life cycle; identifying some basic facts about puberty and how it is linked to reproduction exploring respect in a range of relationships; discussing the characteristics of healthy relationships.

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We would like to invite you to attend a parent information meeting for **years 3 and 4** via 'Microsoft Teams' on **Tuesday 29<sup>th</sup> March 2022 at 9:30am or 4:30pm** to find out more about what your child will learn, view the materials and resources being used in lessons and discover how you can best support your child to discuss these topics at home. Please note, you **do not** need to attend both sessions. The meeting will be posted on your child's year group team.



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Yours sincerely,

*Miss Stanley*

PSHE Subject Leader

*Mrs. El-Arifi/Mr. Ross*

Year 4 Leader/Year 3 Leader

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Lessons in **year 5** will include pupils learning about: *growing and changing, including the emotional and physical changes occurring in puberty; growing and changing, including understanding the male and female puberty changes; growing and changing, including the impact of puberty on the body and the importance of physical hygiene; exploring ways to get support during puberty.*

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We would like to invite you to attend a parent information meeting for **year 5** via 'Microsoft Teams' on **Monday 28<sup>th</sup> March 2022 at 9:30am or 4:30pm** to find out more about what your child will learn, view the materials and resources being used in lessons and discover how you can best support your child to discuss these topics at home. Please note, you **do not** need to attend both sessions. The meeting will be posted on your child's year group team.

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Yours sincerely,

*Miss K Stanley*

*Mrs S Martin*

PSHE Subject Leader

Year 5 Leader



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