

Friday 18th March 2022

Parents and Carers,

As a part of your child's education at **Elmgrove Primary School and Nursery**, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that during the summer term, your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme. Teachers will continue to follow the schemes of work from The Christopher Winter Project: Teaching RSE with Confidence in Primary Schools.

Lessons in **year 5** will include pupils learning about: *growing and changing, including the emotional and physical changes occurring in puberty; growing and changing, including understanding the male and female puberty changes; growing and changing, including the impact of puberty on the body and the importance of physical hygiene; exploring ways to get support during puberty.*

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website:

<https://www.elmgrove.harrow.sch.uk/page/?title=PSHE&pid=41> for more detail about our PSHE curriculum. All PSHE teaching takes place in a safe learning environment and is underpinned by our school ethos and values.

We would like to invite you to attend a parent information meeting for **year 5** via 'Microsoft Teams' on **Monday 28th March 2022 at 9:30am or 4:30pm** to find out more about what your child will learn, view the materials and resources being used in lessons and discover how you can best support your child to discuss these topics at home. Please note, you **do not** need to attend both sessions. The meeting will be posted on your child's year group team.

As a school community, we are committed to working in partnership with parents; recent parental feedback has indicated that the overwhelming majority of parents continue to be highly supportive of the relationships and sex education programme. If you would like to find out more or discuss any concerns, we would urge you to attend the information meeting and look forward to seeing you there.

Yours sincerely,

Miss K Stanley

Mrs S Martin

PSHE Subject Leader

Year 5 Leader



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