

September 2026

Consultation on our Relationships, Sex and Health Education (RSHE) Policy

Dear Parents and Carers,

As part of our regular curriculum review, we have updated our Relationships, Sex and Health Education (RSHE) Policy to reflect the latest Department for Education statutory guidance, which comes into effect from September 2026.

From September, we will also be delivering our RSHE curriculum using the Jigsaw programme, replacing the Christopher Winter Project resources that have supported our teaching in recent years. The statutory content that children learn remains the same, but the new programme provides a fully sequenced curriculum that supports pupils' personal development, wellbeing and relationships education throughout primary school.

We value the important role that parents and carers play in supporting children's learning and would welcome any comments or feedback on the draft policy. The policy and other information about the RSHE and PSHE curriculum can be viewed on our website, click [Elmgrove Primary & Nursery - Personal, Social, Health Education \(PSHE\)](#)

If you would like to share any feedback, please email office@elmgrove.harrow.sch.uk by 18th December 2026.

As in previous years, we will continue to hold year-group parent information meetings before the teaching of the 'Changing Me' unit. These sessions provide an opportunity to view the resources that will be used, understand the curriculum content for your child's year group and ask any questions you may have.

Thank you for taking the time to read the policy and for your continued support.

Kind regards,

Miss S. Neary
Headteacher

Miss A. Addari
PSHE/RSHE Subject Leader