

## Physical Education (PE) overview 2026-2027

| Terms<br>Year groups                                                          | Autumn 1                                                                                                                                                                | Autumn 2                                 | Spring 1                                                                                                                                                   | Spring 2                                | Summer 1                                                                                                                   | Summer 2                          |
|-------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------|----------------------------------------------------------------------------------------------------------------------------|-----------------------------------|
| <b>Reception</b><br><b>Physical development</b><br><b>Moving and handling</b> | ABC of movement....<br>Agility<br>Balance<br>Co-ordination<br><br>Developing spatial awareness<br><br>Consolidating spatial awareness through tagging and dodging games |                                          | ABC of movement<br>Agility<br>Balance<br>Co-ordination<br><br>Developing basic throwing and catching skills<br>Using different shaped, sized, weight balls |                                         | ABC of movement<br>Agility<br>Balance<br>Co-ordination<br><br>Basic Ball skills<br><br>Using different bats, sticks, hands |                                   |
| <b>Year 1</b><br><b>Indoor</b>                                                | Gymnastics                                                                                                                                                              |                                          | Dance                                                                                                                                                      |                                         | Athletics                                                                                                                  | Team Games                        |
| <b>Year 1</b><br><b>Outdoor</b>                                               | Games<br>Movement & Spatial Awareness                                                                                                                                   | Tagging & dodging<br>& spatial awareness | Games<br>Hand & eye coordination- throwing and catching                                                                                                    | Games<br>Ball control & skills<br>Games | Games<br>Sports day practise & athletic skills                                                                             | Games<br>Team Games & Skills      |
| <b>Year 2</b><br><b>Indoor</b>                                                | Gymnastics                                                                                                                                                              |                                          | Dance                                                                                                                                                      |                                         | Sports Hall Athletics (Indoor)                                                                                             | Team Games                        |
| <b>Year 2</b><br><b>Outdoor</b>                                               | Invasion Games (feet)<br>Football                                                                                                                                       | Invasion Games (hands)<br>Basketball     | Invasion Games (sticks)<br>Hockey                                                                                                                          | Over the net<br>Tennis                  | Athletics<br>Developing running, jumping & throwing skills                                                                 | Striking and fielding<br>Cricket  |
| <b>Year 3</b><br><b>Indoor</b>                                                | Swimming                                                                                                                                                                |                                          |                                                                                                                                                            |                                         |                                                                                                                            |                                   |
| <b>Year 3</b><br><b>Outdoor</b>                                               | Invasion Games (feet)<br>Football                                                                                                                                       | Invasion Games (hands)<br>Netball        | Handball                                                                                                                                                   | Over the net<br>Tennis                  | Athletics<br>Developing running, jumping & throwing skills                                                                 | Striking and Fielding<br>Rounders |

|                           |                                            |                                             |                                          |                                         |                                                                     |                                                 |
|---------------------------|--------------------------------------------|---------------------------------------------|------------------------------------------|-----------------------------------------|---------------------------------------------------------------------|-------------------------------------------------|
| <b>Year 4<br/>Indoor</b>  | Swimming                                   |                                             |                                          |                                         |                                                                     |                                                 |
| <b>Year 4<br/>Outdoor</b> | Invasion Games<br>(hands)<br><br>Tag Rugby | Invasion Games<br>(hands)<br><br>Basketball | Invasion Games<br>(sticks)<br><br>Hockey | Over the net<br><br>Volleyball          | Athletics<br>Developing running,<br>jumping & throwing<br>skills    | Striking & Fielding<br>Cricket                  |
| <b>Year 5<br/>Indoor</b>  | Gymnastics                                 |                                             | Dance                                    |                                         | Sports Hall Athletics<br>(Indoor Athletics)                         | <u>Orienteering and Team Building<br/>Games</u> |
| <b>Year 5<br/>Outdoor</b> | Invasion Games<br>(feet)<br>Football       | Invasion Games<br>(hands)<br>Netball        | Invasion Games<br>(hands)<br>Handball    | Over the net<br><br>Tennis              | Athletics<br>Consolidating<br>running, jumping &<br>throwing skills | Striking and Fielding<br>Rounders               |
| <b>Year 6<br/>Indoor</b>  | Gymnastics                                 |                                             | Dance                                    |                                         | Sports Hall Athletics<br>(Indoor Athletics)                         | <u>Orienteering and Team Building<br/>Games</u> |
| <b>Year 6<br/>Outdoor</b> | Invasion Games<br>(hands)<br>Tag Rugby     | Invasion Games<br>(hands)<br>Basketball     | Net/Wall<br>Hockey                       | Invasion Games<br>(hands)<br>Volleyball | Athletics<br>Refining running,<br>jumping & throwing<br>skills      | Striking and Fielding<br>Cricket                |